

Rhythmic Writing Benefits

- Strengthens circuitry in brain
- Strengthens myelin sheath
- Creates pathways required for thinking and processing – applies to all academic areas
- Establishes hemispheric specialization
- Develops ability to do intermodal tasks
- Improves left-right brain communication
- Develops automaticity in handwriting
- Develops a sense of rhythm and patterning
- Improves Visual Processing, including visual tracking and Visual Sequential Memory
- Helps focus attention
- Improves:
 - Visual-Motor Integration
 - Directionality
 - Language Processing
 - Processing Speed
 - Sensory Integration
 - Executive functioning
 - Working Memory
 - Long-term Memory